

# How to find us

Willow Health, 4 Paris, Parklands, GU2 9JX

Sat navs and Google Maps are not reliable in finding the location, so please use the information in this booklet to find us.

When you arrive at the front door, please ring the buzzer and wait for your therapist to let you in. Please do not ring the buzzer until your appointment time as we do not have a waiting room.

# Driving to us

If you are driving to Willow Health, you will find the park situated within the Queen Elizabeth Park Estate, off Tylehost or Grange Road, depending on which direction you approach the park from.

We are situated opposite the Tesco Express, and Nuffield Health Gym.

There are marked parking spaces outside Willow Health, and free parking spaces outside Nuffield Health gym.



# By bus or train

The nearest bus routes to Willow Health are bus numbers 26 or 27 from the Friary Bus Station to Queen Elizabeth Park, Grange Road. These leave approximately every 20 minutes.

From Grange Close bus stop, turn onto Railton Road or Little Street and then walk into Parklands.

Guildford train station is 2 miles from Willow Health. You can get a bus or taxi (taxi rank outside the station).

